



MAPLE GRANOLA

- ½ cup vegetable oil
- ½ cup McLure's Pure Maple Syrup
- 1 tsp. vanilla
- 2 cups quick oats
- 2 cups Total cereal
- 1 cup sunflower seeds
- ¾ cup sesame seeds
- ½ cup nuts
- ½ cup coconut
- ½ cup wheat germ
- 1 cup raisins

Combine all ingredients, except raisins. Spread in greased 13x9x2" pan. Bake at 350°F about 20 minutes. Stir in 1 cup of raisins. Yields about 8 cups.